How to replenish and use a Breezhaler metered dry-powder inhaler

	## 1/Opening Pull the cap off the Breezhaler. Film
	## 2/Placing To open the Breezhaler hold the base and tilt the mouthpiece. With dry hands, remove the capsule from the blister and place the capsule into the capsule chamber.
	## 3/Closing Close the Breezhaler until you hear a "click".
	## 4/Puncturing Hold the Breezhaler upright with the mouthpiece pointing up. Firmly press buttons on both side at the same time to puncture the capsule. Then release the side buttons.
	## 5/Inhaling After exhaling, hold the mouthpiece with the lips and take a deep and long breath (you will hear a rolling sound). Remove the inhaler and stop breathing for 5-10 seconds, then exhale normally.
	## 6/Confirming Open the inhaler and observe whether there is still powder medicine in the capsule. If there is residual medicine powder, repeat step 5. Making sure all powder is sucked, then take out the empty capsule and discard it. Those who use Enerzair: please rinse your mouth after use and spit out the water.